**American Heart Association/VCMC Training Center**

***‘PALS Self-Assessment & Precourse Work’***

**Online e-learning instructions for Instructor/Provider Renewal – 2025**

***Pre-requisite for live skills session / VCMC’s AHA Blended learning PALS Renewal Course***

1. **Go to:** [www.elearning.heart.org](http://www.elearning.heart.org)*(site specific)*
2. **In Search Box type in ‘PALS’ and click on search icon.**
3. **Scroll down to find and select ‘PALS Precourse Self-Assessment and Precourse Work’ (*this is title specific and includes both parts – ‘Pre-assessment Test & Videos’!)* Then, ‘Launch this course’, there is no cost.**
   * ***Login in or you may need to ‘create an account’ if you have not completed course on this AHA website prior – this is separate from Nursing Education Website.***
   * ***This is a 2 part online ‘pre-requisite/pre-course’:***
     + ***Part 1 – ‘Self-Assessment’ (multiple choice assessment questions potion) will take approx. 1.5 hours –* print off score page at end*, you will need to turn in with course completion cert.***
     + ***Part 2 – ‘Precourse Work’ (video portion) will take approximately 3 hours.***
   * ***When finished, complete ‘online eval’ and print course completion certificate off, bring with Part 1 ‘score sheet’*** *(found at the end of the of the multiple-choice/pre-test* ***) to renewal course session.***
   * ***Don’t procrastinate, site can be down for maintenance etc. Suggest completing at least 1 week before the skills session but no more than 6 months.***
   * ***Note: be sure to read online Course Details, FAQ and Tech info before purchasing/beginning.***

For Online related issues: Call "elearning.heart.org' Technical Support: 1-888-242-8883 M-Th 8-5 (CST) F 8-12 (CST)

1. ***When you finish online course, you MUST complete the online ‘evaluation’ before you can* ‘p*rint off’ course completion certificate which you will also need to bring to skills session/class.***
2. **Attend the VCMC/AHA ‘Instructor Renewal Skills Session’ to complete the course & receive your Instructor/Provider card**

**> go to:** [www.vcnursingeducation.org](http://www.vcnursingeducation.org) ***if you have not already registered/paid for skills session.***

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| ***To complete online learning later and/or to go back in to review:***   1. Go to [www.elearning.heart.org](http://www.elearning.heart.org) to sign back in 2. Then click on your name (if you previously created and account, otherwise you will need to do so first 3. Select ‘classes’ from drop box 4. Select ‘PALS Precourse Self-Assessment and Precourse Work’ to complete – remember to print off a copy of your ‘course completion certificate’ & Score Sheet AND bring with you to skills session |

VCMC/AHA Authorized Training Center rev. 12/2024 VCMC Nursing Education 805-652-6045